

Hearing the Voice presents



MOVEMENT AND MEANING

THE EMBODIMENT OF RHYTHM, SPACE,
TIME AND RELATION

A public lecture

Prof. Sabine Koch (Director of the Research Institute for Creative Art Therapies at Alanus University Alfter) will explore the role of movement, and how analysis can help us identify some basic dimensions of movement that relate to meaning.

ALL WELCOME

APRIL 19 2018 | 5:30-7:30PM | BIRLEY ROOM (HATFIELD COLLEGE)

Full abstract:

Movement is meaningful on the continuum of health to psychopathology. Movement analysis helps identify some basic dimensions of movement that relate to meaning. The first three are spatial: horizontal, vertical and sagittal plane that relate to evaluation, potency and action as well as language. The fourth dimension is time, many psychopathologies can be related to temporal shifts in experiencing time; movement rhythms are basic life utterance related to our needs. The fifth dimension is gravity: it is about strength, weight, self/ego/me, self-propelled movement; and the sixth dimension is attachment, it transverses space, time, and gravity, it transverses the ego, it is the relational glue; it is about love and you/thou, it has a truth of itself, it has a physical and biological necessity. We will focus on the first four dimensions with an outlook on the latter ones.

Further details can be found at <https://wp.me/p4iabN-6Sm>

