



EVERY
SECOND
THURSDAY OF
THE MONTH
FEB-MAY

FREE

HEARING VOICES

EVENTS

Hearing the Voice (Durham University) has teamed up with Waddington Street Community Centre to produce a new, four-part series of events exploring voice-hearing and other unusual experiences.

FEB
8

UNDERSTANDING VOICES

What's happening in the brain when someone hears voices?
And what can psychology and neuroscience tell us about why these experiences occur?

MAR
8

DOCUMENTARY SCREENING: 'WHY DID I GO MAD?'

Join us to watch this BBC Horizon documentary following three voice-hearers, and discuss its implications with Professor Charles Fernyhough (Director, Hearing the Voice).

APR
12

CREATIVE VOICES

An informal gathering where people are invited to share films, poetry and prose inspired by the experience of hearing voices in a supportive space. Facilitated by Mary Robson, the event is an opportunity to explore how voice-hearing can be a source of inspiration and creativity.

MAY
10

LIVING WITH VOICES

An interactive session for sharing coping strategies, tips and techniques for dealing with distressing voices.

All events take place at the Waddington Street Community Centre
(3 Waddington St, Durham DH1 4BG) from 5PM-7PM.
Refreshments will be provided. All welcome, just drop in!