



# Involvement Meeting

For people who use mental health services  
and their families and friends

\*Professionals welcome when accompanied by a service user or carer

Do you want to use your experiences to improve mental health services?  
Do you live in Middlesbrough or Redcar and Cleveland?

Tuesday 22nd September 2015  
1 - 4pm

St Mary's Centre  
Corporation Road, Middlesbrough, TS1 2RW

Contact Catherine Haigh if you would like to  
attend or if you have a question about the meeting

Email: [voicesforchoices@outlook.com](mailto:voicesforchoices@outlook.com)

Telephone: 01642 257020

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Supported by Middlesbrough and Stockton Mind and South Tees CCG

