



**Hearing Voices:
An Interpersonal Experience?**

A research seminar exploring novel therapeutic approaches for
auditory hallucinations

September 10th 2013

9 am – 4pm

At University of Manchester

With talks from:

- Professor Max Birchwood *“Reducing harmful compliance with command hallucinations using a cognitive interpersonal based therapy: results of the MRC COMMAND trial.”*
- Professor Julian Leff *‘Silencing Voices: How does Avatar Therapy work?’*
- Dr Sandra Bucci *“Cognitive therapy for command hallucinations : a case example”*
- Dr Clara Strauss *“ Mindfulness based approaches for distressing voices – What’s the evidence?”*
- Dr Katherine Berry *“ What does attachment theory tell us about working therapeutically with voice hearers?”*
- Dr Mark Hayward *‘Relating to voices: making an informed choice’*
- Ruth Chandler *“Why become a person when you can become a spaceship? Relating to voices, self management and transformation”*

For further information and to book a **FREE** place at this event please contact Isabelle
Butcher; isabelle.butcher@manchester.ac.uk