

## **Best Practice in Psychosis Conference**

Calman Learning Centre, Durham University

Tuesday 19th March 2013

Hosted by TEWV Tertiary Psychosis Service, EIP services and Durham University

This conference is organised into specialised workshops and keynote speeches by members of the TEWV NHS Foundation Trust and researchers from Durham University, and is relevant to staff working with people experiencing psychosis and their families. It will provide an opportunity to share and showcase areas of good practice, as well as a chance to learn about the ways in which the latest academic research can be translated into clinical practice.

The key objective of the conference is to share best practice, but we also aim to:

- Provide a wide forum for staff to hear the views of service user representatives
- Create energetic networks of staff interested in particular issues
- Provide a free CPD session for services
- Support implementation of NICE guidelines
- Create a shared vision between different teams, raising expectations about what can be achieved
- Showcase the latest translational research into psychosis and other unusual mental states

In addition to providing the opportunity to listen to key note speeches and participate in workshops, the conference will allow those working in psychosis services to share an area of good practice by poster.

Please note that a follow-up day for this conference will take place on 12 June 2013.

## Conference Programme

9.30 - 9.40 am: Welcome (Charles Fernyhough, Director, Hearing the Voice, Durham University and Angela Kennedy, Consultant Psychologist, TEWV NHS Foundation Trust)

9.40 - 10.00 am: Patient Public Involvement Team, '*Leadership Training for Experts by Experience*'

10.00 - 10.20 am: Angela Kennedy, Consultant Psychologist, '*Trauma Informed Services for People with Psychosis*'

10.20 - 10.40 am: Valentina Short, Nurse Consultant, '*Formulation Led Resilience Building*'

10.40 - 11.00 am: Alison Brabban, Clinical Lead EIP: '*The Schizophrenia Commission Report: "Schizophrenia - The Abandoned Illness"*'.

### **11 – 11.20 am: Tea/coffee break**

11.20 - 11.40 am: Expert by Experience, '*How Compassion Can Help Me on My Journey to Recovery*'

11.40 am - 12.00 pm: Udo Ito Ime, Specialist Registrar, '*Optimising Physical Health in Psychosis: What You Can Do to Help*'

12.00 - 12.15 pm: Helen Collinson, Advanced Practitioner, and Michelle Simpson, Associate Practitioner, '*Engaging People: the Key to Behavioural Family Therapy*'

12.15 - 12.30 pm: Paula Smith, Community Psychiatric Nurse, and Mike Leonard, Pharmacist, '*Good Practice in Non-Medical Prescribing*'

### **12.30 - 1.15 pm: Lunch**

1.15 - 3.00 pm: Hearing the Voice, Durham University

1.15 – 1.30 pm: Charles Fernyhough, Project Director, '*Introduction to the Hearing the Voice Project*'

1.30 – 1.55 pm: Ben Alderson-Day, Postdoctoral Research Associate in Psychology, '*Inner Speech and Voice Hearing: Lessons from a Multidisciplinary Approach*'

1.55 – 3 pm: Angela Woods, Project Co-Director, '*Narrative and Psychosis*'

### **3.00 - 3.20 pm: Tea/coffee break**

3.20 - 3.35 pm: Paul Wait and Tanya Turnbull, Ward Managers, '*Gender Specialisation in Inpatient Care: a Focus on Therapeutic Activity*'

3.35 - 3.50 pm: Donna Swinden, Modern Matron, '*Using Metaphor in CBT for Bipolar Disorder*'

3.50 - 4.05 pm: Bernadette Wilkinson, '*Rehabilitation: Along the Road to Recovery*'

4.05 - 4.20 pm: Andy Walker, Art Therapist, '*Reflections on the Away Day's Graffiti Board*'