



UNUSUAL EXPERIENCES GROUP

A drop-in peer support group for those who have experienced hearing/seeing/smelling/feeling/tasting things others cannot, and/or experience unusual beliefs and/or paranoia.

Come together in a non-judgemental space to support one another, talk about experiences, share understanding and knowledge and discuss approaches to living well.

For more details, ring 0191 2330382 or email launchpadncl@aol.com