

Invitation to the 10th
National TIPS Conference

EARLY INTERVENTION IN PSYCHOSIS

Stavanger Forum 3rd and 4th November 2014



At this year's Conference we will be celebrating the fact that it's now 20 years since we started working on the TIPS study; as well as marking the 10th Anniversary of the TIPS Conference. The overall theme for the Conference this year is: **What have we learnt? Where are we heading?** In addition to Norwegian experts in the field of Early Intervention, we'll be welcoming prominent experts in Early Intervention from around the world.

The TIPS Conference will take place at the same venue and during the two first days of the Schizophrenia Days Conference (3rd -7th November).

POSTERS

We would like to invite everyone with an interest for Early Intervention to share challenges, ideas, data and problem resolution from their own practice. We hope that the posters will inspire and contribute to information exchange during the conference. Each poster will need to include the following: introduction, problem/issue, objective, method/procedure, results, conclusion, and reflections on the way forward. Format 100 cm x 150 cm (portrait). It is important to us that the message comes across in a convincing, accessible and powerful way. The best poster will be awarded with a prize of NOK 5000. Posters may also be presented at the Schizophrenia Days Conference. More information and registration: schizofrenidagene.no

PRESENTATION OF WORKSHOP 1-6:

1) Neuropsychology: Kjetil Sundet, Helene Barder, Torill Ueland, Bjørn Rishovd Rund (Norwegian)

Chair: Bjørn Rishovd Rund.

15.45-16.05: Assessing cognitive dysfunction in psychosis, Kjetil Sundet.

16.05-16.45: Neurocognitive development after first-episode psychosis – a long-term perspective, Helene Barder.

16.45-17.15: Cognitive training to increase functioning after first-episode psychosis, Torill Ueland.

17.15-17.30: The Neurotoxic Hypothesis:

What do the TIPS data tell us? Bjørn Rishovd Rund.

2) Treatment and illness trajectories: Julie Evensen, Stein Opjordsmoen, Max Birchwood, Alison Yung (English)

Chair: Wenche ten Velden Hegelstad.

15.45-15.50: Welcome.

15.50-16.15: Does delay in accessing early intervention services (DEIS) add extra predictive power to DUP? Max Birchwood.

16.15-16.40: Detection, management and treatment of the Ultra High Risk state, Alison Yung.

16.40-17.05: Symptom trajectories in first episode psychosis in the TIPS study, Julie Evensen.

17.05-17.30: Treatment of persistent psychotic symptoms, Stein Opjordsmoen.

3) Physical health and mortality in FEP; what do we know and what can we do? Ingrid Melle, Merete Nordentoft, Petter Andreas Ringen, Tove Mathiesen (Norwegian)

Chair: Tove Mathiesen.

Psychoses in a lifelong perspective, Ingrid Melle.

Saving young lives, Merete Nordentoft.

Activity – motivation – health: Report from a combined research and quality development project at Gaustad, Petter Andreas Ringen.

The HeAL Declaration: Background, and way forward, Tove Mathiesen.

4) Family work in early psychosis. What do we know and where are we going? Liv Nilsen, Anne Fjell, Hanne-Grethe Lyse Nielsen, Åse Sviland (Norwegian)

Chair: Jan Ivar Røssberg.

1545-1605: Family work for patients with First Episode Psychosis:

What do we know? Liv Nilsen.

16.05-16.25: Experiences from the Implementation of Family Work for Young People with First Episode Psychosis in Norway, Anne Fjell.

16.25-16.55: Experiences from the Implementation of Family Work for Young People with First Episode Psychosis in Denmark, Hanne-Grethe Lyse Nielsen.

16.55-17.15: Family Work for patients at risk of psychosis, Åse Sviland.

5) Early Intervention Strategies.

Inge Joa, Ulrik Haahr, Steven Lopez, Vinod H. Srihari (English)

Chair: Jan Olav Johannessen.

15.45-15.50: Welcome.

15.50-16.15: Moving early detection into the field of prevention: Ultra high risk patients a new target for community campaigns? Inge Joa.

16.15-16.40: Early intervention in Denmark: A presentation of early detection and information campaigns, Ulrik Haahr and Erik Simonsen.

16.40-17.05: Early Detection of First Episode Psychosis in US Latinos: A High Risk, Linguistic Minority Group, Steven R. Lopez.

17.05-17.30: STEP-ED: Reducing the Duration of Untreated Psychosis by adding early detection to specialty first-episode care in the U.S. public sector, Vinod H. Srihari.

6) Presentation of a Range of Norwegian Early Detection Models (Norwegian)

Co-chairs: Inger Stølan Hymer and Kristine Gjermundsen.

13 years of Early Intervention in Bodø and the surrounding municipalities (Saltén District Psychiatric Centre), Kari Bøckmann.

Early detection of psychosis in Bergen, Else Marie Løberg.

TIPS Vestfold, Marit Holter. TIPS Innlandet – two teams pulling in the same direction! Hilde Kristin Aam.

LECTURERS

Svein Friis, Professor, UiO

Per Vaglum, Professor, UiO

Thomas McGlashan, Professor, Yale, USA

Jan Olav Johannessen, Professor, Helse Stavanger HF

Tor Ketil Larsen, Professor, Helse Stavanger HF

Ingrid Melle, Professor, UiO

Erik Simonsen Professor, København, DK

Bjørn Rishovd Rund, Professor, UiO

Jan Ivar Røssberg, Professor, UiO

Kjetil Sundet, Professor, UiO

Ulrik Haahr, Dr. København, DK

Inge Joa, PhD. Helse Stavanger

Julie Evensen, PhD. Diakonhjemmet Hospital

Wenche ten Velden Hegelstad, PhD, Helse Stavanger HF

Tove Mathiesen, specialist in psychology, Oslo University Hospital

Helene Barder, Psychologist, UiO

Patrick McGorry, Professor, Melbourne, Au

Merete Nordentoft, Professor, København, DK

Max Birchwood, Professor, Birmingham, UK

Alison Yung, Professor, University of Manchester, UK

Ashok Malla, Professor, Montreal, Can:

Vinod H. Srihari, Ass. Prof. Yale University, USA

Steven R. Lopez, Professor, University of Southern California, USA

Petter Andreas Ringen, PhD, Oslo University Hospital

Liv Nilsen, PhD. PhD student, TIPS Sør-Øst

Torill Ueland, PhD. Oslo University Hospital

Anne Fjell, Family Counsellor, TIPS Sør-Øst

Petter Nilsen, author and Experience-based Consultant

Hanne-Grethe Lyse Nielsen, Region Sjælland, DK

Åse Sviland, Nurse, Helse Stavanger

Else Marie Løberg, Head of Department, TOPS, Mental Health Division, Haukeland University Hospital

Kari Bøckmann, specialist in psychology, Nordlands Hospital

Kristine Gjermundsen, Communications Adviser, TIPS Sør-Øst

Inger Stølan Hymer, TIPS Counsellor, Østfold

Marit Holter, TIPS Counsellor, Vestfold Hospital

Hilde Kristin Aam, TIPS Counsellor, Innlandet Hospital

Monday 3rd November

What do we know, and what have we learnt from TIPS? Chair: Jan Olav Johannessen.

09.30 - 10.00	REGISTRATION and coffee.
10.00 - 10.30	Opening and Welcome Jan Olav Johannessen. Official opening – Political Secretary Astrid Nøklebye Heiberg, Department of Health. Cultural event.
10.30 - 11.30	TIPS 20 year lectures
11.30 - 11.45 (pause)	Per Vaglum, Tor Ketil Larsen, Svein Friis, Thomas McGlashan: What did we know in 1995? What did we want to learn from the TIPS project?
11.45 - 12.30	Wenche ten Velden Hegelstad: Did Early Intervention increase the rate of recovery? Ingrid Melle: Does early intervention play a role in the development of suicidality? Svein Friis: What were the unexpected results?
12.30 - 13.30	LUNCH
13.30 - 14.30	Patrick McGorry: Lessons learned from the EPPIC project. Merete Nordentoft: Lessons learned from the OPUS project.
14.30 - 14.45	PAUSE Coffee and light snack.
14.45 - 15.30	Max Birchwood: Twenty years of UK early intervention in psychosis services: How critical is the critical period?
15.30 - 15.45	PAUSE
15.45 - 17.30	Workshops: 1) Neuropsychology. (Norwegian) 2) Treatment and illness trajectories. (English) 3) Physical health and mortality in First Episode Psychosis (Norwegian) 4) Family Work in Early Psychosis. What do we know and where are we going? (Norwegian) 5) Early intervention strategies. (English)
20.00	DINNER at Clarion Hotel Energy.

Tuesday 4th November 2014

Early Intervention: New perspectives. Chair: Per Vaglum.

09.00 - 10.15	Reducing the Duration of Untreated Psychosis in the United States. 1) Vinod H. Srihari: The STEP-ED project. 2) Steven R. Lopez: Reducing Duration of Untreated Psychosis through Community Education.
10.15 - 10.30	PAUSE
10.30 - 11.45	Merete Nordentoft and Ashok Malla: Can a 5 year treatment program secure long term improvement? A presentation of two RCT studies.
11.45 - 12.45	Small-talk og LUNCH
12.45 - 13.05	Petter Nilsen: My way in and out of psychosis.
13.05 - 14.20	Alison Yung: The UHR perspective “On the future direction for UHR-research and clinical approaches”. Patrick McGorry: Moving early intervention in psychiatry into the future.
14.20 - 14.35	PAUSE
14.35 - 16.00	Panel debate: Summing it all up. Chair: Jan Olav Johannessen. Participants: Max Birchwood, Merete Nordentoft, Vinod H. Srihari, Patrick McGorry, Wenche ten Velden Hegelstad.
16.00	Conference Close.

(Subject to change in case of illness, etc.)

Registration fee for TIPS Conference only:

NOK 2900 before 15.8.14, NOK 3 500 thereafter.

Conference dinner Monday Nov. 3rd is included.

Registration: via link to registration form at www.schizofrenidagene.no



Register for the whole week before 15.8.14 for the special price of NOK 6570
(TIPS Conference 3th - 4th November and Main Conference 5th - 7th November).

Information regarding Hotel booking:

Rica Forum hotell

www.rica.no/hoteller/stavanger/rica-forum-hotel/

Price:

1 525,- NOK pr. day, single room, breakfast included.

1 725,- NOK pr. day, double room, breakfast included.

Call +47 51 93 00 00 or mail: booking.stavanger@rica.no, bookingcode 12448679.

We recommend that you reserve the hotel before September 21. 2014.

SCHIZOFRENIDAGENE 3.-7. november 2014

TRO ELLER VITENSKAP

- psykiske helsetjenester under lupen



Schizofrenidagene 2014 har fokus på resultatene av våre psykiske helsetjenester. Hva vet vi om effekten av de metodene vi bruker? Hva virker for hvem?

Ledende internasjonale og nasjonale forskere, samt klinikere vil presentere behandlings- og tiltaksforskning som kan vise til gode resultater for barn og voksne med psykiske vansker. Noen av disse er:

David Clark // Kate Davidson // Graham Thornicroft // Lars-Göran Öst // Patrick McGorry
Ron Rapee // Ian Hickie // Siv Kvernmo // Per Vaglum // Torleif Ruud // Terje Ogden

Med innlegg fra de fremste forskere og klinikere, erfaringsformidlere og spennende kulturinnslag ønsker vi å skape en minneverdig markering av 25-års jubileum for Schizofrenidagene.



PSYKIATRIKONFERANSEN

**SCHIZOFRENIDAGENE
I STAVANGER**