

VOICE COLLECTIVE

a Peer Support Group for Young People (aged 12-18)
who Hear Voices or See Visions

I used to think that I was the only person this is happening to. I thought I was freakish or wrong. The group helped me realise that there are others out there with similar experiences. I'm not alone.



WHAT IS 'VOICE COLLECTIVE'

- ★ An independent, safe and confidential space to meet other young people with similar experiences
- ★ Relaxed and flexible
- ★ Open to different ideas about voices and visions
- ★ Open to positive experiences, as well as distressing and difficult ones
- ★ Part on a network of peer support groups based in London (Voice Collective project www.voicecollective.co.uk)
- ★ There's more to you than your voices or visions. This is your group, so you can talk about whatever's important to you.

WHO IS IT FOR?

- ★ Young people (aged 12-18)
- ★ With personal experience of hearing voices, seeing visions or having other unusual sensory experiences

SATURDAYS

(FORTNIGHTLY)

2.00 - 3.30 PM

Culture Fusion
125 Thornton Road
Bradford, BD1 2EP



TO JOIN, OR TO FIND OUT MORE:

Speak to Adam
bradford@voicecollective.co.uk

07432 720 295

PARENT/CARER?

Come along, meet other parents
& share ideas - create a peer
support network just for you.